HMEA's incredABLE 5K VIRTUAL
virtual walk, run, and lots of online fun

KEEP MOVING CHALLENGE
Activity Tracker

Name: ______________________________

Email: ______________________________ Phone: ______________

DATE	ACTIVITY	MINUTES
	TOTAL	

Email your tracking sheet or you total minutes of activity to tandryc@hmea.org before midnight May 10, 2020 to be entered into a drawing to win a Fitbit® inspire HR™ Fitness Tracker Watch