

Aspire Internship Program Leslie O'Brien, LICSW Program Manager April 10, 2017

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Agenda

MGHfC Aspire
Internship Program Cycle
How to get involved



Aspire

Program of MGH and MGH for children

Dedicated to providing children, adolescents and adults with high cognitive autism or a related profile with the knowledge and skills necessary to make social connections and lead fulfilling lives

- *Our approach*: 3 S's, strength based and contextual approach
- *Our participants*: dx of Asperger's syndrome, high cognitive autism, non-verbal learning disability, PDD-NOS or related profiles. Some may not have a diagnosis, but have a related profile
- *Our staff*: psychologists, social workers, counselors, speech and language pathologists, job coaches, occupational therapists, special educators



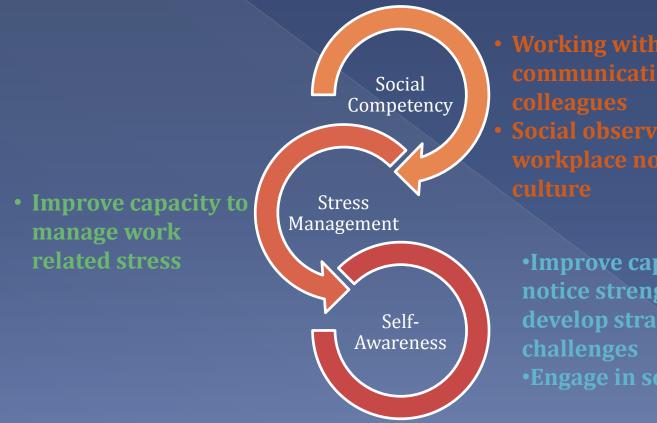
Aspire Internship Program

- The Aspire Internship Program is designed to help adults with high cognitive autism spectrum disorder or a related profile navigate the various aspects of the work environment while gaining important on-the-job skills. Key program features include our Aspire career counselors and weekly seminars designed to optimize the internship experience.
- GOALS OF INTERNSHIP PROGRAM
- *To help* interns learn the social aspects needed to succeed in the workplace.
- *To assist* interns in identifying and managing their challenges while recognizing and developing their strengths.
- *To empower* interns to enhance their skill set and build their confidence to be independent in the workplace.



Aspire Internship Program

Core Competencies of weekly seminars and individual instruction \bigcirc



Working with and

•Improve capacity to notice strengths and develop strategies for



Internship Program

• Three cycles: Fall, Spring and Summer > Fall and Spring Cycles – 12 weeks > Summer – 10 weeks • Application On-boarding Internship Transition Planning



Aspire Internship Program Supports

	Intake	On-Boarding	Internship Cycle
Employers	•Match intern	•Employer training •Support with HR Requirements	•Weekly consultation with Career Counselor
Interns	•Assess: interests, skills, strengths, challenges	 Career Counselor support: Interview prep Interview HR Requirement Support 	•Weekly seminars •Weekly consultation with Career Counselor •Transition planning

Created by L. O'Brien and B. Mulder for Aspire, Internship Program



Application & On-boarding

• Application Process

- Apply to Aspire
 Internship Program
- Intake meeting with Career Counselor and Program Manager
- Match with Internship Site
- Schedule interview/meeting with Site

On-boarding

- Interview Prep with Aspire Staff
- Interview/Meeting with Site Supervisor
- Complete required paperwork
- Training or Orientation (optional, depending on site)



Internship Cycle

Orientation Week

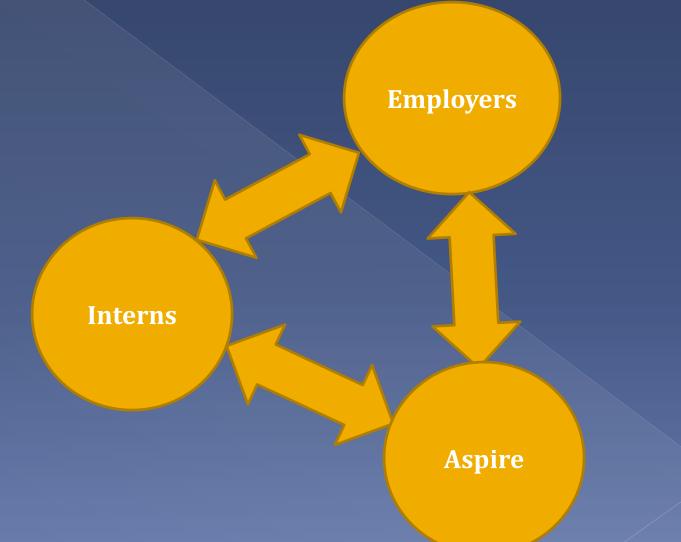
> Two, 2 hour seminars the week before the Internship begins

Internship (9 or 11 weeks)

- > 12-24 hours at Internship site per week
 - Monday-Wednesday (Friday optional)
- > Weekly seminar
- > Weekly consults
 - Intern
 - Employer
- Transition planning



Aspire Support Network





Internship Employer Collaborators

- Advantage Payroll
- AKF Group
- Avery Crossing
- Boston Public Market
- Boys and Girls Club of Boston
- Charlestown Boys and Girls Club
- Choate Hall & Stewart
- Clearsurance
- Commonwealth Shakespeare Company
- Community Rowing
- Copart
- Dentaquest
- Drumlin Farms
- Enterprise Holdings
- EY
- Fidelity Investments
- Hale Reservation
- Handel & Hadyn Society
- Harvard Museum of Natural History
- Hill Holliday
- Insight Services Group (ISG Value)
- Insurance Auto Auctions International (IAAI)
- Lesley University

- Liberty Mutual
- The Lurie Center
- MA Audubon Broad Meadow Center and Wildlife Sanctuary
- MA DOER
- MES Solutions
- Merrimack College
- MGH Development Office
- MGH Massachusetts General Physicians Organization (MGPO)
- MGH Materials Management
- Museum of Fine Arts
- Museum of Science
- New England Wildlife Center
- Newton Free Library
- Newton-Wellesley Hospital
- Northeastern University
- Partners Healthcare
- Perkins School for the Blind
- Powisset Farm
- Safelite Glass
- Salem District Office of Congressman Seth Moulton
- Turner Construction
- WGBH



Internship Program Video

<u>Aspire Internship Video</u>



Contact information

Upcoming Cycle: Summer 2017 cycle: June 6th – August 10th www.aspireinternships.org

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