

For More Information

If you would like to find out more about the Family Leadership Series, please contact:

Pat Lynch (508) 298-1602

or

Jeanne Clapper (508) 298-1614

familyleadership@hmea.org

More information available at
www.mfofc.org



2016 Series coming soon!

- Friday, January 22 & Saturday, January 23, 2016
- Friday, March 18 & Saturday, March 19, 2016
- Friday, April 8 & Saturday, April 9, 2016

**Hilton Garden Inn
Devens Common**
59 Andrews Parkway
Devens, MA 01424
978-772-0600

MFOFC Family Leadership Series

Massachusetts Families Organizing for Change (MFOFC) founded the Family Leadership Series in 1990 in the Southeastern Region. As the result of this successful leadership training, the Family Leadership Series is now sponsored annually in Massachusetts by the five regional chapters of MFOFC; Central, Metro Boston, Northeast, Southeast and West.



HMEA, Inc. is the partner agency that assists MFOFC in bringing the Family Leadership Series to Central, MA.

HMEA affirms and promotes the values, dreams and potential of people with developmental disabilities through education, support and life experiences.



Funding for the MFOFC Family Leadership Series is provided by the MA Department of Developmental Services (DDS).

MFOFC

**Massachusetts Families
Organizing for Change**

Family Leadership Series



**Presented in Central
Massachusetts in Collaboration
with**





What is the Family Leadership Series?

This is a unique training opportunity for families who have a member with a disability. The series provides families and individuals with the vision, knowledge and leadership skills they need to live in their communities as naturally and typically as desired.

Why is the Family Leadership Series Important?

The Leadership Series empowers families with information and tools to effectively advocate for change, on behalf of their loved one and also for people with disabilities in general.

It helps families to “imagine better” and to create a vision, with and for their family members, that guides their leadership and advocacy.

For more than 20 years, the Series has helped to develop family leaders who will join with other families across our state to create change in the way support is provided to individuals with disabilities and their families.

What Our Graduates Are Saying

"The Family Leadership Series instills constant hope in us as parents. It has truly helped me look to the future and inspired me to become more involved with my child and my community."

Expect me to succeed.



"I used to feel very helpless, but since attending the series I now know I have a voice to help make a difference."



"What a fun and information-filled weekend! I am walking away refreshed, feeling like I have great ideas, supports and a clear vision! Thank you!"

How Does A Leadership Series Work?

The Family Leadership Series consists of three two-day workshops for a group of twenty to thirty parents/family members of a person(s) with disabilities.

Expenses are covered, including hotel lodging, all meals and stipends for transportation and respite care if needed.

Topics include:

- **Initiative and Leadership:** including information on the family support movement, leadership and the importance of family advocacy
- **Creating a Vision:** families are supported to “imagine better” and use their vision as a guide to their leadership and advocacy
- **Policy Making at the Local, State and Federal Level:** families learn how to use legislative change to create system-wide change
- **Caring for the Care-Taker:** families learn strategies to decrease stress and increase personal

